

PRESS RELEASE

FOR IMMEDIATE RELEASE

Friday, Jan. 30, 2009

CONTACT

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FLURRY OF WINTRY WEATHER ACTIVITIES AT INDY PARKS

Enjoy snowy days this weekend on ice rinks, sledding hills, and cross country skiing routes

INDIANAPOLIS – (January 30, 2009) Don't let chilly temperatures and more than a foot of snow keep you at home! Bundle up and enjoy winter recreation with Indy Parks. Remember to dress warmly and wear thick gloves or mittens and boots to protect against frostbite or other injury.

ICE SKATING

Lace up a pair of skates and glide onto Indy Parks' ice rinks! Both offer public skate times this weekend.

Ellenberger Park
5301 E. Saint Clair St.
327-7176

Saturday: 6 p.m.-9:30 p.m.

Sunday: 2:30 p.m.-5 p.m.

Youth (ages 3-17): \$3

Adults: \$4

Skate rental: \$2/pair

Perry Park

451 E. Stop 11 Road

865-1833

Saturday: 2 p.m.-3:30 p.m., 4:30 p.m.-6 p.m.

Sunday: 4:30 p.m.-6 p.m., 7 pm.-8:30 p.m.

Youth (ages 3-17): \$4

Adults: \$5

Skate rental: \$2/pair

SLEDDING

Indy Parks offers 10 locations for sledding. Sled only in designated areas. While sledding, children should always be supervised by a responsible adult.

Sledding safety tips:

- ❄ Use your bike helmet as a sledding helmet.
- ❄ Indy Parks are open from dawn to dusk. Do not sled after dark or when visibility is bad such as during heavy snow. Check slopes for bare spots, holes, and other obstructions that might cause injury. Bypass these areas or wait until conditions are better.
- ❄ Do not sled on or around frozen lakes, streams or ponds because the ice may be unstable.
- ❄ The proper position for sledding is to sit or lie on your back on the top of the sled with your feet pointing downhill. Sledding headfirst increases the risk of head injury and should be avoided.
- ❄ Teach children to roll off a sled that won't stop.
- ❄ Never ride into a snow bank, as there could be hidden dangers such as a tree stump or rocks.



Indy Parks and Recreation • Public Information Office • 200 East Washington Street • Indianapolis, Indiana 46204

[317] 327-7035 • [317] 327-7097 fax • www.indyparks.org

- ❄ Inner tubes, saucers and snow disks are not recommended because of their fast speeds and lack of steering capability.
- ❄ Show respect for younger children sledding near you. Be polite and courteous and wait your turn.
- ❄ Report all sledding accidents to Indy Parks staff or call 327-7615.
- ❄ Make sure someone has a cell phone to call 911 in case of an emergency.

Indy Parks & Recreation Approved Sledding Locations

1. Bel-Aire Park
2915 Tibbs Ave.
327-7460
2. Brookside Park
3500 Brookside Parkway South Drive
327-7227
3. Christian Park
4200 English Ave.
327-7163
4. Eagle Creek Park
7100 Eagle Creek Parkway (71st Street Gatehouse)
8200 W. 56th St. (Overlook)
327-7110
5. Ellenberger Park
5301 E. Saint Clair St.
327-7176
6. Garfield Park
2450 S. Shelby St.
327-7220
7. Glenn's Valley Park
8015 Bluff Road
881-7429
8. Paul Ruster Park
11300 E. Prospect St.
9. Rhodius Park
1001 S. Belmont St.
327-7191
10. Southeastway Park
5624 E. Carroll Road
861-6157

CROSS COUNTRY SKIING

Cross country skiing is a great workout for the entire family! The following locations are designated for this activity. Residents must provide their own equipment.

Eagle Creek Park
7840 W. 56th St.

Northwestway Park
5253 W. 62nd St.

Southeastway Park Trails
5624 S. Carroll Road

For more information, please call (317) 327-PARK.

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