

**FOR IMMEDIATE RELEASE**

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**CONTACT**

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**New Winter Classes at the Garfield Park Conservatory**

**INDIANAPOLIS** — Looking for something to do this winter? The Garfield Conservatory is open daily and alive with tropical plants, waterfalls and fish. Located at 2505 Conservatory Drive, hours are Monday-Saturday from 10 a.m. – 5 p.m. and Sundays 1 – 5 p.m. For additional information about upcoming events, call (317) 327-7184 or visit [www.indyparks.org](http://www.indyparks.org).

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***Tai Chi at the Conservatory***

This winter, the Garfield Park Conservatory will be holding a Taijiquan (often referred to as Tai Chi) class. The tropical conservatory is the perfect spot to enjoy this exercise-based class taught by an experienced instructor. This class will allow participants to improve flexibility, circulation, relaxation, and ease of movement while enjoying the beautiful surroundings. The class is suited for adults of all fitness levels.

Classes will meet on Tuesday and Friday mornings from 8:30-9:15 a.m. The class fee is \$35 for each 8-class session. New sessions will begin every 4 weeks. Call (317) 327-7580 to register or for more details.

***Mini Greenhouse Workshop***

On Sunday, January 13, children ages 6-12 are invited to come make a mini greenhouse. This is a great way to enjoy some gardening in the dead of winter. Each child will make their own tropical plant terrarium to take home. The workshop will be from 3-4 p.m. and is \$3 per child. Please pre-register by calling (317) 327-7580 as space is limited.

***Afterschool Explorers at the Conservatory***

Come beat the winter blues at our tropical conservatory! In January, the Garfield Park Conservatory will offer a monthly after-school program for children ages 6-10. This program will be held the third Tuesday of each month, beginning January 15. Children can come to the Conservatory from 4-5:30 p.m. for an adventure with nature-related crafts, and activities.

This semester will focus on animals of the rainforest. There will be a different topic each month, so come to one or come to them all! Please pre-register by calling (317) 327-7580, as space is limited. The cost per child is \$3 per session.

