



WHY IT MATTERS: All communities seek to ensure residents are healthy and safe. Encouraging active lifestyles and accessible care increases the livability of any community. Overall, safe, healthy communities attract and retain engaged citizens.



HEALTH & SAFETY



INDIANAPOLIS PRIORITIES

- Encourage active lifestyles
- Promote nutritious eating and local food production
- Improve emergency prevention and response
- Reduce natural and human hazards

COMPLETE STREETS INITIATIVE

ACTIVE LIVING

What is a Complete Street?

The majority of roadways across the country and in Indianapolis were designed and built almost exclusively for use by cars, trucks and other motor vehicles. While this makes transportation by vehicle rapid and easy, those who travel — or who would like to travel — another way are not so lucky.

Complete Streets allow more inclusive access to roadways for people of all ages and abilities utilizing a variety of transportation options — walking, bicycling, public transportation and personal vehicles. Each Complete Street is unique to its specific settings, but many include features such as bike lanes, sidewalks and crosswalks; bus shelters and/or dedicated bus lanes; sufficient on-street parking; vegetated areas and trees; and medians.

What is New in Indianapolis?

In August 2012, the City-County Council passed a Complete Streets ordinance, which was subsequently approved by Mayor Ballard. The ordinance calls for a multimodal transportation system to allow access to mobility for all residents with a coordinated network of streets, bike lanes, trails and mass transit routes. Read the full text of the ordinance at: www.indy.gov/eGov/Council/Proposals/Documents/2012/PROP12-208.pdf.

Complete Streets are a sound long-term investment; they can be incorporated into existing construction budgets without additional funding and require far less pavement per user





COMPLETE STREETS INITIATIVE (CONT.)
ACTIVE LIVING

compared to increasing vehicle capacity alone. In a time of increased infrastructure needs and shrinking budgets, increasing multimodal access and connectivity just makes good sense.

The Complete Streets ordinance recently adopted by Indianapolis was recognized by the National Complete Streets Coalition for its outstanding support for improving transportation choices for all residents. Of the 125 policies adopted nationwide in 2012, Indianapolis was ranked first. See the complete report: www.smartgrowthamerica.org/documents/cs-2012-policy-analysis.pdf.



WHAT TRANSPORTATION ALTERNATIVES EXIST IN YOUR NEIGHBORHOOD? **WALK SCORE**, AT [HTTP://WWW.WALKSCORE.COM](http://www.walkscore.com), RATES CITIES, NEIGHBORHOODS AND ADDRESSES ON A SCALE OF 0 TO 100 BASED ON THEIR PEDESTRIAN FRIENDLINESS AND PROXIMITY TO NEARBY AMENITIES. **TRANSIT SCORES**, AT [HTTP://WWW.WALKSCORE.COM/TRANSIT/](http://www.walkscore.com/transit/), RANK LOCATIONS BASED ON NEARBY PUBLIC TRANSPORTATION OPTIONS. **BIKE SCORES**, AT [HTTP://WWW.WALKSCORE.COM/BIKE/](http://www.walkscore.com/bike/), HAVE BEEN DEVELOPED FOR SELECT CITIES IN THE U.S. AND CANADA. WHILE INDIANAPOLIS IS NOT CURRENTLY INCLUDED, THIS LIST IS BEING EXPANDED.

BY THE NUMBERS

2,647

ADA* RAMPS ADDED

10.78

MILES OF NEW BIKE LANES

30.6

MILES OF NEW AND RECONSTRUCTED SIDEWALKS

55

NEW OR REHABBED TRAFFIC SIGNALS

3.4

MILES OF NEW OR REHABBED TRAILS



INDIANAPOLIS RECOGNIZED WITH AWARDS ACTIVE LIVING

Bronze-level Bicycle Friendly Community:

The Bicycle Friendly Community program, established by the League of American Bicyclists, provides a roadmap for improving local conditions for bicycling while recognizing those cities that actively support bicycling. The City of Indianapolis was designated a Bronze-level Bicycle Friendly Community for the 2009-2013 award period. (Certification lasts four years. Indianapolis is currently reapplying.) Numerous amenities were cited as a part of the award, including the city greenway system, expansion of bike lanes and local bike events, such as the Mayor's Bike Rides and Pedal & Park.

KaBOOM! "Playful City USA":

Presented by The Humana Foundation, Playful City USA is a national program advocating local policies that increase play opportunities for children. KaBOOM!, a national nonprofit organization dedicated to increasing and protecting opportunities for children to play, created Playful City USA in 2007 to help local governments. KaBOOM! designated Indianapolis as a "Playful City USA" for its outstanding dedication to play, recognizing that Indianapolis is a neighborhood-driven city in which parks and play spaces have a key role in sustaining, developing and revitalizing neighborhoods. In 2012, the City and schools worked together to promote recess policies that provide all children access to play at school.



“Indy Parks’ play spaces, green spaces and high-quality programs play an important role in shaping our community. Staff and volunteers throughout the Indy Parks system are committed to creating healthy, safe places for Indy’s youngest citizens to develop lifelong healthy habits, and we are pleased to once again earn the distinction of being named a ‘Playful City.’” – Director of Indy Parks John Williams



PARTNERSHIP FOR BIKEWAYS SAFETY

ACTIVE LIVING

Motorists can find helpful information about how to drive on streets with bike lanes in the latest edition of the Indiana Driver's Manual. The Bureau of Motor Vehicles (BMV) helped the City of Indianapolis and Bicycle Indiana to create the educational material. The BMV also increased the number of bike lane-related questions on the driver's written knowledge test.

Previously, the BMV driver's knowledge test chose from a pool of three questions on bike lane safety. That pool now includes six questions — doubling the number of possible bike lane safety questions on the driver's knowledge test. The new manual is available online here <http://www.in.gov/bmv/2362.htm> or at any BMV license branch.

2012 BIKE EVENTS

ACTIVE LIVING

Bike to Work Day: Bike to Work Day is part of the National Bike Month celebrated in May each year. It promotes safe cycling practices and encourages cycling as an alternative commuting method. The event has grown in Indianapolis since it began here in the mid-1990s. In 2012, an estimated 2,000 riders participated. A total of 778 registered their commutes, collectively pedaling 13,000 miles.

Mayor's Bike Rides: In 2012, Mayor Ballard hosted three community bike rides. The first annual Polar Pedal, held in January, attracted an estimated 500 riders on a 10-mile tour of the new bike lanes downtown and on the south side. In April, several hundred cyclists joined Mayor Ballard on the 11-mile Spring Fever bike ride, which began in Broad Ripple Park. Finally, in June, more than 700 riders participated in the fourth annual Mayor's Bike Ride, a nine-mile loop beginning in Garfield Park.

Pedal & Park: Pedal & Park provides free parking for bicycles and rollerblades at public festivals and events in central Indiana. The group encourages the use of non-motorized transportation alternatives, promotes use of trails and greenways and helps secure properties for bike parking. Now in its 12th season, Pedal & Park has parked more than 28,000 bikes. In 2012 alone, more than 7,000 cyclists used Pedal & Park bike racks. The program is sponsored by the MPO, the group responsible for all transportation planning in central Indiana.

SAFETY REQUIREMENTS FOR MOTORISTS AND CYCLISTS

- BICYCLES HAVE THE SAME RIGHTS AND RESPONSIBILITIES AS OTHER ROADWAY USERS.
- MOTORISTS SHOULD YIELD TO BICYCLISTS, ONLY PASSING WITH A MINIMUM OF THREE FEET BETWEEN THE VEHICLE AND BICYCLE.
- A BICYCLIST IS NOT REQUIRED TO RIDE IN A DESIGNATED BIKE LANE. HE OR SHE MAY USE EITHER THE BIKE LANE OR THE TRAVEL LANE.



Mayor addresses crowd at Bike to Work Day.



SAFE ROUTES TO SCHOOL

ACTIVE LIVING

2012 International Walk to School Day:

On October 3, 2012, students at Charles Warren Fairbanks Elementary School joined schoolchildren around Marion County in utilizing recent RebuildIndy curb, sidewalk and crosswalk improvements as they walked to school as part of the 2012 International Walk to School Day. The City has improved pedestrian infrastructure within a half-mile of more than 100 schools around Marion County since 2010.

International Walk to School Day is part of the Safe Routes to School program. The program, sustained by families, community leaders, schools and local governments, enables children to walk safely to school.

“We are committed to making Indianapolis one of the most livable cities in the Midwest. Curb and sidewalk improvements in neighborhoods like this improve connectivity, keep pedestrians safe and encourage more physical activity.”
– Andy Lutz, Department of Public Works Chief Engineer





INDY FOOD FUND

FOOD ACCESS & NUTRITION

The Indy Food Fund is a collaborative effort of the MCHD, Butler University's Center for Urban Ecology, Health & Hospital Corporation of Marion County, City of Indianapolis — Office of Sustainability, IUPUI, Growing Places Indy, the Indy Hunger Network, Indy Grown, the Efroymsen Family Fund and LISC.

In late 2012, the Indy Food Fund offered its first-ever grant awards program. Eleven organizations were awarded a total of \$49,450 to undertake transformative food projects across Marion County. The awards aim to support an Indianapolis food system that provides everyone access to healthy and nutritious food, enhances ecology and creates meaningful economic and civic opportunities for residents and neighborhoods. Goals of Indy Food Fund Projects:

- Improve access to healthy food for Indianapolis residents.
- Spur economic development and create jobs through farmers markets, urban farms and farm-to-restaurant projects.
- Create a sense of place, foster civic engagement and beautify neighborhoods.
- Eliminate hunger in our communities.
- Increase the amount and demand for food grown locally.
- Create a sustainable metropolitan area, with residents linked to their local food system, thereby reducing Indianapolis' carbon footprint and energy consumption.

For 2013, the Indy Food Fund was generously supported by the City's Office of Sustainability, the Efroymsen Family Fund, Health & Hospital Corporation of Marion County and Perry Griffith.

THE INDY FOOD FUND HAS COMMITTED TO FUND THE FOLLOWING PROJECTS:

- CHASE LEGACY CENTER/GROWING PLACES INDY: URBAN FARM EDUCATION FOR MIDDLE SCHOOL STUDENTS
- FALL CREEK GARDENS: STONE SOUP GARDEN AND COMMUNITY KITCHEN
- FARM WORKS INDY: YOUTH FARMING APPRENTICESHIP PROGRAM
- FELEGE HIYWOT: YOUTH SUMMER FARMING INTERNSHIP PROGRAM
- INDY EAST FOOD DESERT COALITION: STUDY TO ADDRESS FOOD ACCESS IN NORTHEAST INDIANAPOLIS
- MEALS ON WHEELS AND AVEC MOI: PRODUCE LOCALLY SOURCED FROZEN MEALS FOR SENIORS
- NAPTOWN CHICKENS: SCHOOL COOP AND CURRICULUM PROJECT
- PLEASANT RUN GROCER: PRO FORMA AND BUSINESS PLAN DEVELOPMENT
- WILLARD PARK/GLOBAL PEACE INITIATIVES: RE-ENTRY FARMING TRAINING AND FOOD DELIVERY PROGRAM

THE FOLLOWING PROJECTS HAVE BEEN SPONSORED BY OTHER FUNDERS AS A RESULT OF THE INDY FOOD FUND PROCESS:

- FARM CITY: PRODUCTION OF FILM DOCUMENTARY ON INDY FOOD SYSTEM
- LATINO YOUTH COLLECTIVE: GASTRONOMY INDY, A MULTIMEDIA RECIPE REPOSITORY

“ We are excited to be part of this collaborative effort to improve our community's access to food, their overall health, the local environment and the Indianapolis economy. The partnerships developed through the Indy Food Fund will be truly innovative, and the projects that it supports will create models for other community projects in the future.” – Tim Carter, Director of Butler University's Center for Urban Ecology



INDY PARKS SUMMER SERVINGS

FOOD ACCESS & NUTRITION

During the summer, free lunches and breakfasts are available to children at park facilities, regardless of their enrollment in parks programs. In 2012, a total of 156,409 meals were served to children who may not have otherwise been fed.

2012 SUSTAINABILITY AWARD WINNER:

POGUE'S RUN GROCER

FOOD ACCESS & NUTRITION

Awardee:

Indy Food Cooperative

Project Name:

Pogue's Run Grocer

Project Description: Indy Food Cooperative opened its first community-owned grocery store, Pogue's Run Grocer, on the near-east side of Indianapolis in December 2010. Pogue's Run Grocer is supplying much-needed fresh and healthy food options to urban Indianapolis residents through a network of local produce growers and food producers. While farmers markets make these connections for shoppers on a once-a-week basis for a few hours, Pogue's Run Grocer is creating a ready and consistent market for local farmers seven days a week.

While other stores might provide some local items, no other retailer is as committed to buying and supporting locally and sustainable produced food as Pogue's Run Grocer. This level of commitment and availability is unmatched in the Indianapolis area and is driven by the co-op's more than 520 members and its loyal customers. Through a network of local farmers and producers, a long list of supporters and the support of the Greater Indy Neighborhoods for the Near Eastside Quality of Life Plan, the store recently celebrated its two-year anniversary.

156,409
MEALS SERVED
TO CHILDREN



Indianapolis
SUSTAINABILITY
Awards



INDIANAPOLIS FIRE DEPARTMENT EMERGENCY PREVENTION & RESPONSE

The Indianapolis Fire Department is the only department in Indiana to earn a Class 2 rating from the Insurance Services Office (ISO) Public Protection Classification System. The scale ranges from Class 1: recognizing superior fire protection, to Class 10: indicating fire protection does not meet ISO's minimum standards. Only 716 communities nationwide (of the nearly 50,000 reviewed) have received a Class 1 or 2 certification. This puts Indianapolis in the top 1.5 percent of communities nationwide for fire safety and preparedness.

TOP 1.5%
**OF COMMUNITIES
NATIONWIDE FOR
FIRE SAFETY AND
PREPAREDNESS**

TIRE AMNESTY PROGRAM NATURAL & HUMAN HAZARDS

Since 1983, the MCHD has removed more than 1.5 million tires from Marion County roadsides and neighborhoods as part of its overall mosquito control plan. Tires are considered a near-perfect mosquito breeding habitat due to their dark color that absorbs and retains heat, their ability to hold water and the protection they provide from predators and chemical treatments.

An aggressive education campaign with area tire dealers has helped reduce the number of tire piles located in Indianapolis. Tire Amnesty Day, a community outreach program, encourages local residents to bring their used tires to the health department during a pre-announced day in the spring. Residents bring up to six passenger tires to one of several locations for disposal at no charge. This outreach event has removed thousands of tires from local neighborhoods and created opportunities to educate the community on the environmental and the health impact discarded tires have on our community. During the last two years, the Tire Amnesty Day program has collected nearly 8,000 unwanted tires.



1.5 MILLION
TIRES REMOVED FROM ROADSIDES IN MARION COUNTY